

GIVE YOUR TASTE BUDS  
WHAT THEY WANT AND  
YOUR BODY WHAT IT NEEDS  
WE SUPPORT LOCAL, ORGANIC  
AND SUSTAINABLE PRODUCTS

\*\*\* BREAKFAST \*\*\*

ALL DAY

- ALEX’S BREAKFAST** sautéed broccoli, red bell peppers, zucchini, red onions, portobello mushrooms, organic quinoa, sweet potato, four sunny side up organic eggs, microgreens 15.95
- TOAST ROYALE** smashed avocado, smoked salmon, organic sunny side up eggs, feta, basil, microgreens 17.95
- HUEVOS RANCHEROS BOWL** organic brown rice, black beans, turkey patty, two sunny side up organic eggs, feta, salsa, avocado, cilantro 15.50
- CHICKEN PESTO OMELETTE** organic eggs (3), grilled chicken, pesto, red onions, topped with fresh basil 13.95
- BREAKFAST QUESADILLA** organic scrambled eggs, turkey breast, red onions, monterey jack cheese 13.95 GF tortilla 1.75
- SALMON QUINOA BOWL** organic quinoa, arugula, smoked salmon, two sunny side up organic eggs, avocado, scallions, sesame, tzatziki 17.95
- BREAKFAST TACOS** organic scrambled eggs, spinach, red bell peppers, baked uncured bacon, avocado, cilantro, GF tortillas 13.95
- VEGGIE OMELETTE** organic eggs (3), spinach, red bell peppers, portabella, red onion, topped with scallions, pita 12.95
- LATIN SCRAMBLE** organic eggs (3), organic brown rice, black beans, topped with avocado, salsa, cilantro, pita 12.95
- GREEK MORNING** organic scrambled eggs (3), feta, spinach, tomatoes, red onion, pita 12.95
- SMOKED SALMON CREPES** stuffed with smoked salmon, tzatziki, topped with cherry tomatoes, scallions 16.95
- BREKKY CREPES** organic scrambled eggs, turkey breast, goat cheese, microgreens 12.95
- BREAKFAST WRAP** organic scrambled eggs (3), tomatoes, red onions, spinach, tortilla wrap 11.50
- LINA’S SPECIAL** grilled seasonal veggies, chopped turkey burger, two organic sunny side up eggs, smashed sweet potato 14.95
- SMOKED SALMON OMELETTE** organic eggs (3), smoked salmon, scallions, tomatoes, pita 15.95
- VEGAN SCRAMBLE** organic tofu, spinach, tomatoes, broccolli, mushrooms, pita 12.95
- AMERICANO** organic eggs (2 your way), uncured bacon, smashed sweet potato 12.50
- EGG WHITE-N-TURKEY SCRAMBLE** organic egg whites (3), turkey breast, tomatoes, monterey jack cheese, pita 13.95
- SUNNY SPECIAL** sunny side up organic eggs (3), grilled turkey breast, sesame ring, cream cheese 14.50
- SUPER DUPER WAFFLE** gluten-free waffle topped with organic bananas, seasonal berries, almonds, organic pure maple syrup 14.50 add hazelnut spread 2.00
- PRO WAFFLE** gluten-free protein waffle, organic almond butter, bananas, coconut, walnuts, organic hemp seeds, flax 14.95
- JJ OATMEAL** organic oatmeal topped with seasonal fruit, honey 7.95
- SESAME BAGEL** with cream cheese or butter 3.50

ADD TO BREAKFAST

baked uncured bacon 3.95 • avocado 2.50 • pita bread 1.00 • organic egg 2.50  
feta or monterey jack 1.95 • smashed sweet potato 2.50 • ZTB bread or GF bread (2) 2.95

SOUP

topped with fresh parsley

**BLACK BEAN AVO SOUP**  
topped with feta, avocado 8.50

HOME STYLE SOUPS

Veggie soup  
Lentil soup  
Mushroom Barley soup } 7.50

Wraps

whole wheat, spinach, white tortilla or sundried tomato (GF 1.75)

- CHICKEN SALAD OR TUNA** with organic mixed greens, tomatoes, cucumber, carrots, red cabbage, sprouts, red bell peppers 12.95
- HUMMUS FETA** with organic mixed greens, tomatoes, cucumber, carrots, red cabbage, sprouts, red bell peppers 11.95
- CALI CHICKEN** grilled chicken, organic quinoa, avocado, monterey jack cheese, spinach, sprouts, our famous java dressing 13.95
- THE VEGAN** veggie burger or baked falafel, avocado, sprouts, carrots, beets, red cabbage, hummus, mediterranean herb vinaigrette 13.95
- CARIBBEAN SEA** organic brown rice, wild cod, mango, avocado, cilantro aioli 15.95
- CHICKEN CAESAR** grilled chicken breast, romaine, shaved parmesan, caesar vinaigrette 12.95
- GRILLED OR SMOKED SALMON** with arugula, tomatoes, scallions, cucumbers, tzatziki 15.95
- THE HAWAIIAN** grilled shrimp, organic basmati rice, grilled red cabbage and pineapple, sprouts, side of island teriyaki 14.95
- MEDITERRANEAN CHICKEN** organic brown rice, grilled chicken, eggplant, feta 13.95
- TURKEY BURGER OR TURKEY BREAST** with organic mixed greens, tomatoes, cucumber, carrots, red cabbage, sprouts, red bell peppers, honey mustard vinaigrette 12.50
- LATINA** organic brown rice, grilled chicken, black beans, salsa, monterey jack cheese, cilantro 14.95
- THE ELLIOT** grilled lamb, hummus, tomatoes, cucumbers, red onion, parsley, cilantro, tahini 14.95
- THE IMPOSSIBLE** Impossible burger patty, organic mixed greens, tomatoes, cucumber, carrots, red cabbage, sprouts, red bell peppers, our famous java dressing 15.95
- THE BUDDHA** organic tofu, eggplant, avocado, tomatoes, organic mixed greens, miso vinaigrette 13.50
- THE BILLY BOB** grilled wild snapper, organic brown rice, avocado, monterey jack, feta, spinach, sprouts, miso vinaigrette 15.95
- CAPRI** grilled eggplant, portabellas mushroom, fresh mozzarella, red onion, avocado, cilantro, extra virgin olive oil, herbamare 13.95

Drink Me

- SPARKLING OR STILL MINERAL WATER**  
sml 2.95 • lg 4.95
- JJ LEMONADE** freshly squeezed, lightly sweetened with agave nectar 3.95
- TIPSY BUCHA** local kombucha, fresh ginger, lime 6.95
- NATURAL SODA** 2.50
- LEMONANA** lemon, lime, raw sugar, fresh mint 5.95
- ORGANIC ICED TEA** freshly brewed, mint 3.50
- HOT H2O** with lemon and fresh mint 1.25

Check out our full drink menu for additional fresh juices, smoothies, wellness shots and wines

JJ Bowls

- ORGANIC ACAI** topped with organic granola, banana, strawberries, coconut 11.95
- ORGANIC GRANOLA** topped with banana, blueberries, walnuts, almonds, coconut, agave with choice of organic milk 10.95
- LOCO CHOCO** organic acai blended with almond milk, organic raw cacao, maca, topped with banana, almond butter, chia seeds, flax 13.95
- GREEN ENVY** organic coconut nectar blended with spinach, banana, avocado, spirulina, stevia, topped with banana, chia, coconut 13.50

**ORGANIC PITAYA** (red dragon fruit) topped with organic granola, banana, kiwi, blueberries, almonds 11.95

**ORGANIC HOMESTYLE YOGURT** topped with banana, strawberries, blueberries, granola, almonds, honey 10.50

**TROPICAL MORNING** low fat cottage cheese, pineapple, mango, raisings, coconut 10.95

Quesadillas

whole wheat, spinach or white tortilla (GF 1.50)  
served with salsa and smashed avocado

- CHICKEN** grilled chicken, monterey jack 15.95
- LAMB** grilled lamb, onions, jalapeno, monterey jack 17.95
- SALMON** grilled salmon, peppers, monterey jack 17.95
- MUSHROOM SPINACH** grilled portobella mushroom, spinach, monterey jack 13.95
- LAS VEGANS** vegan grilled portobello, onions, zucchini, red bell peppers, vegan cheese, GF tortilla 16.95
- CHEESE** monterey jack cheese 11.95

Wellness Shots

- ORGANIC WHEATGRASS** 5.50
- IMMUNITY BOOSTER** ginger, lemon, cayenne, honey 4.95
- TURMERIC TONIC** green apple, ginger, turmeric, cayenne 5.50



Toasted

ZAK the baker bread

- JJ AVOCADO TOAST** smashed avocado, cherry tomatoes, feta, basil, extra virgin olive oil, microgreens 12.95
- SHROOM TOAST** grilled portobello, fresh mozzarella, pesto, basil, balsamic glaze 14.95
- GOAT CHEESE TOAST** smashed sweet potato, soft goat cheese, sunflower seeds, honey, basil 12.95
- POWER BREAD** organic almond butter, banana, cinnamon, chia seeds, honey 12.95

Rustic Sandwich

ZAK the baker sourdough bread

- THE BIG CHEESE** melted monterey jack, goat, feta 12.95
- THE TUSCAN** grilled chicken breast, grilled peppers and onions, fresh mozzarella, pesto, basil 14.95
- THE GARDEN** homemade hummus, grilled portobello, zucchini, red bell peppers, cilantro avocado aioli 13.95
- THE SIMPLE TUNA** our famous tuna salad, tomato, red onion, spouts, dijon, lemon, extra virgin olive oil 13.95

Pita Melts

white or whole-wheat pita. organic mixed greens, tomatoes, cucumbers, carrots, red cabbage, sprouts, red bell peppers, avocado, monterey jack cheese.

- AVOCADO MELT** 10.50
- CHICKEN SALAD OR TUNA MELT** 11.95
- GRILLED CHICKEN MELT** 11.95
- TURKEY BURGER MELT** 10.95
- VEGGIE BURGER MELT** 10.95

\*\*\* STARTERS \*\*\*

- PALM CEVICHE** (kinda spicy) hearts of palm, avocado, mango, red onion, cherry tomato, cilantro, cayenne, lime, microgreens 10.95
- SHRIMP SKEWERS** grilled shrimp, charred lemon, dipping cilantro avocado sauce 11.95
- MOZZARELLA CAPRESE** fresh mozzarella, cherry tomatoes, fresh basil, extra virgin olive oil, balsamic, microgreens 10.95
- LETTUCE ROLLS** our famous chicken salad or tuna salad, romaine, sprouts, our famous java dressing 12.95
- AVOCADO CUPS** avocado filled with cherry tomatoes, feta, extra virgin olive oil, microgreens, on a bed of organic mixed greens 10.95
- EGGPLANT GABBANA** grilled eggplant, imported goat cheese, fresh basil, extra virgin olive oil, balsamic, pine nuts 11.95
- EFFIN’ GOOD GUACAMOLE** with multi-grain crisps 10.95 sub for carrots and celery sticks 2.95
- HUMMUS APPETIZER** freshly made hummus, parsley tahini, pita 9.95  
add baked falafel 3.50
- ARTISAN CREPES** with chicken or tuna salad, microgreens 13.95

Loaded Sweet Potato

CHICKEN

our famous chicken salad, monterey jack, avocado, microgreens

14.95

AVO

goat cheese, beets, smashed avocado, extra virgin olive oil, zaatar, cilantro

13.50

SALMON

tzatziki, smoked salmon, scallions, red onions, microgreens

16.95 add organic egg 2.50

Market Fresh Salads

- ALEX’S organic mixed greens, organic quinoa, black beans, red onions, sprouts, carrots, tomatoes, cucumbers, cilantro, feta, tossed with extra virgin olive oil, cayenne, kelp, topped with avocado 13.95
- THE GRAND SHRIMP grilled shrimp on top of arugula, sprouts, red onions, red peppers, chopped dates, basil, sunflower seeds, tossed with mediterranean herb vinaigrette 20.95
- TROPICAL PAPAYA spinach, papaya, grilled zucchini, grape tomatoes, avocado , pine nuts, himalayan salt, red onions, tossed with extra virgin olive oil, balsamic vinegar 13.50
- AVOCADO CITRUS organic mixed greens tossed with lemon extra virgin olive oil, topped with avocado, orange, grapefruit, sesame seeds, sprouts 13.50
- THE SPROUTED organic rice or quinoa, sprouts, organic mixed greens, feta, red cabbage, carrots, tomatoes, himalayan salt, lemon vinaigrette 13.95
- FARMER’S BOWL arugula,beets, cucumbers, carrots, sprouts, red cabbage, sesame seeds, garbanzo beans, hummus, sesami seeds, fresh lemon, extra virgin olive oil 13.95
- CRANBERRY SPINACH baby spinach, feta, walnuts, strawberries, raisins, cranberries, raspberry vinaigrette 12.95
- GREEK tomatoes, red onion, cucumbers, red bell pepper, kalamata olives, topped with feta, zaatar, parsley, our greek vinaigrette 12.95
- GOAT organic mixed greens, arugula, mango, beets, walnuts, topped with goat cheese, basil, microgreens, our famous java dressing 15.50
- CAESAR romaine, organic croutons, caesar vinaigrette, topped with shaved parmesan 12.95
- POWER HOUSE CHOP organic hearts of palm, garbanzo beans, green apple, cherry tomatoes, red cabbage, carrots, sunflower seeds, avocado, parsley, tossed with mediterranean herb vinaigrette 15.95
- SUNNY romaine, organic dulse flakes (seaweed), sunflower seeds, carrots, red cabbage, red onions, cucumber, red bell pepper, sprouts, cranberries, himalayan salt, tossed with our Lemon Vinaigrette 12.95
- THE SHLOMO tomatoes, cucumbers, parsley, cilantro, red onion tossed with extra virgin olive oil, himalayan sea salt 12.95
- SKINNY ARUGULA arugula, sunflower seed, sprouts, almonds, tossed with our lemon extra virgin olive oil, topped with shaved parmesan 13.95
- WARM MEDITERRANEAN grilled portobello, eggplant, zuchini, red onion, parsley, cilantro,red bell peppers, feta, extra virgin olive oil, zaatar, paprika 13.95
- CHICKEN CHOP organic brown rice, grilled chicken breast, tossed with organic mixed greens, tomatoes, cucumber, sprouts, red cabbage, carrots, green onion, red bell peppers, extra virgin olive oil, herbamare, microgreens 15.95

Fruit Salads

- JJ FRUIT cantaloupe, honeydew, pineapple, papaya, mango, kiwi, strawberries, blueberries, topped with raisins, walnuts, honey, coconut Reg. 8.50 Lg. 15.50
- MOJITO MELON watermelon, strawberries, blueberries, fresh mint, lime 8.95
- TROPICAL mango, pineapple, papaya, kiwi covered with freshly squeezed orange juice and coconut 9.95
- PAPAYA BOAT ripe papaya topped with banana, blueberries, kiwi, organic yogurt, flax, chia, honey 10.95
- BOWL OF BERRIES seasonal berries, whipped cream, fresh mint 9.95

SIDES

grilled chicken 7.95

grilled wild snapper, cod or salmon 10.95

grilled shrimp 9.95

smoked salmon 10.95

jj tuna salad (2 scoops) 7.50

jj chicken salad (2 scoops) 8.50

turkey burger patty 6.50

avocado 3.50

hummus 5.50

effin’ good guacamole 5.50

organic rice 6.50

organic quinoa 7.50

sweet potato 4.95

simple side salad organic mixed greens, tomatoes, cucumber, carrots, cabbage 6.95

steamed or grilled veggies 7.95

java’s famous dressing 1.00

Java & Tea

Choice of milk: organic whole milk, organic half-n-half lactose free, almond, coconut, soy

MATCHA TURMERIC LATTE

coconut milk, turmeric, organic matcha, monk fruit sweetener

5.50

ICED MATCHA

organic matcha, almond milk, monk fruit sweetener

5.50

ORGANIC HOT TEA

mao jia jasmine, imperial green, moroccan mint, chamomile flowers, berry essence, english breakfast, earl grey, green rooibos

4.50

CAPPUCCINO 4.50

LATTE 4.50

CORTADITO 3.00

MACCHIATO 3.00

ESPRESSO 2.50 extra shot \$1

FRESH BREW 2.75

ICED AMERICANO 3.50

Skinny Nori Rolls

- VEGGIE ROLL organic nori, organic tofu, carrots, mango, avocado, sprouts, beets, cilantro aioli, sunflower seed, microgreens 12.50
- SALMON ROLL organic nori, smoked salmon, goat cheese, avocado, cucumber, arugula, sprouts, ginger miso, microgreens 14.50
- SPICY TUNA ROLL our famous tuna salad, organic nori, cucumbers, red bell pepper, sprouts, avocado, sriracha chili sauce, sesame seeds 12.50

Add:

- JJ Chicken Salad (2 scoops) 6.95
- JJ Tuna Salad (2 scoops) 6.50
- Grilled Chicken Breast 6.50
- Wild Snapper, Cod or Salmon 8.95
- Grilled Shrimp 7.95
- Smoked Salmon 8.95
- Turkey Burger Patty 4.95
- Baked Uncured Bacon 3.95
- Lamb Burger Patty 6.95
- Veggie Patty 4.50
- Baked Falafel 3.95
- Grilled Hearts of Palm 3.95
- The Impossible Vegan Patty 7.50
- Organic Tofu 4.50
- Fresh Mozzarella 5.50
- Goat Cheese 4.50
- Feta 2.50
- Avocado 2.95

Java’s Famous

- JAVA’S FAMOUS SALAD organic mixed greens, red bell peppers, scallions, manzanilla olives, red cabbage, tomatoes, cucumbers, carrots, feta, tossed with our famous java dressing, topped with avocado 13.95
- JAVA’S OTHER FAMOUS SALAD (a little spicy) organic mixed greens, red cabbage, sprouts, tomatoes, manzanilla olives, fresh basil, red onions, kelp, cayenne pepper, lime, extra virgin olive oil, himalayan sea salt, natural herbs and spices 12.95
- JAVA’S FAMOUS QUINOA OR RICE organic quinoa or rice, sweet red bell peppers, scallions, tomatoes, tossed with dulse flakes (organic seaweed), extra virgin olive oil, sesame seeds, natural seasonings, topped with avocado 13.50

J J PLATTERS

Served with avocado, tomatoes, red cabbage, cucumbers, carrots, our famous java sauce

CHOICE OF

organic brown or basmati white rice

organic quinoa

steamed or grilled seasonal veggies

baked sweet potato

CHOICE OF

GRILLED CHICKEN BREAST 17.95

GRILLED WILD SNAPPER, COD OR SALMON 21.95

GRILLED SHRIMP 20.95

TUNA OR CHICKEN SALAD 15.95

LAMB BURGER PATTY 19.95

ORGANIC TOFU OR VEGGIE PATTY 14.95

BAKED FALAFEL 14.95

THE IMPOSSIBLE BURGER PATTY 16.95

GRILLED HEARTS OF PALM 15.50

TURKEY BURGER PATTY 15.95

JJ SPECIALTIES

- ASIAN SESAME SALMON organic basmati rice, grilled red cabbage, pineapple, teriyaki grilled salmon, scallions, sesame seeds 20.95
- THE FANCY SNAPPER grilled wild snapper on top of sweet potato mash, asparagus, cilantro avocado sauce, microgreens 21.95
- KAFTA PILAF lamb kafta on top of organic quinoa tossed with garbanzo, dates, raisins, scallions, almonds, extra virgin olive oil, zaatar, lemon, himalayan sea salt, fresh mint 19.95
- HAPPY VEGAN (kinda spicy) organic brown rice, avocado sauce, lentils, organic tofu, grilled cauliflower, onions and red bell peppers, cayenne, charred lemon, cilantro 16.95
- CHICKEN RICE BOWL organic brown rice, arugula, grilled chicken, avocado, cilantro 16.95
- TACOS DE MARE grilled wild cod or shrimp, organic cilantro rice, grilled red cabbage and pineapple, teriyaki, gf soft tacos, sesame seeds, lime 16.95
- LAMB TACOS (kinda spicy) grilled lamb, grilled red onions, jalapeno, fresh mint, gf soft tacos, microgreens, tzatziki, dill, lime 16.95
- CHICKEN FAJITAS grilled chicken, grilled onions and peppers, cilantro, black beans, smashed avocado, salsa, gf tortillas 16.95 add monterey jack cheese 1.95
- MIGHTY LAMB BURGER grilled red onions, tomato, feta, tzatziki, brioche bun, side arugula salad 16.95
- THE IMPOSSIBLE BURGER the best vegan burger, vegan mozzarella, smashed avocado, sprouts, organic ketchup, brioche bun 16.95
- SKINNY CHICKEN “PASTA” spaghetti squash, grilled chicken, grilled cherry tomatoes, fresh pesto, pine nuts, fresh basil 16.95
- SHRIMP “PASTA” spaghetti squash, grilled shrimp, extra virgin olive oil, himalayan sea salt, fresh basil , shaved parmesan 17.50
- VEGAN “PASTA” spaghetti squash, grilled portobello, onions, red bell pepper, vegan mozzarella, herbamare, zaatar, basil 16.50
- MISH MASH organic brown rice, turkey burger, grilled eggplant, tomatoes, broccoli, red onions, tossed with extra virgin olive oil and herbamare 16.95
- JJ NOT FRIED RICE organic basmati rice, grilled chicken, organic eggs (3), scalions, tamari, sesame seeds 16.95